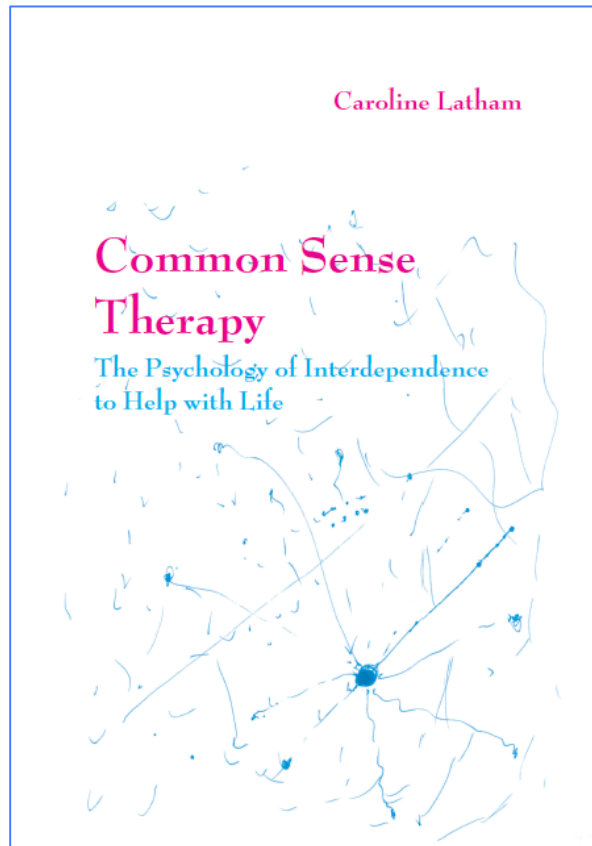


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by

Caroline Latham

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Caroline publishes this book online via her website instead of in print form or through Amazon so that 100% of the funds – every single penny – goes directly to her chosen charity – The Kangyur Rinpoche Foundation. Nothing is spent on administration or “red tape”.

The Kangyur Rinpoche Foundation is a UK registered charity that’s very close to Caroline’s heart. It is dedicated to promoting world peace, inter-religious harmony, meditation, and providing humanitarian aid. The Foundation is currently raising urgently needed funds to help the victims of the April 2015 Nepal earthquake that devastated much of the country.

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